

THEORIES ABOUT CATARRH.

Peculiar Ideas Regarding a Common Disease.

Mark Twain's cure for cold in the head was simple, but it was very effective in his own case; his plan was to eat nothing but soft food for twenty-four hours or until the cold was gone, and then to eat a very light dinner.

Although not able to speak from personal experience as to the effectiveness of this treatment, it certainly has the merit of economy, but it is to be feared that the application of it to a case of catarrh might be attended with difficulties.

Catarrh, as everyone knows, is a chronic inflammation of the mucous membrane of the nose, throat and lungs, and it is a very common disease.

Most people, however, are more interested in the cure of the trouble than in the cause, and modern medical science has produced more effective and less heroic remedies than Mr. Twain's.

It is a very common remedy, very effective in some forms of catarrh, but it is not a cure in all cases, and it is not a cure in all cases.

When a man has a catarrh of the nose, it is not a cure in all cases, and it is not a cure in all cases.

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WEDDING OF W. T. HARLAN AND MISS ELVA K. GORDON.



MR. AND MRS. W. T. HARLAN, Married at Pequot, Ill., yesterday.

William T. Harlan, Superintendent of the Illinois State Penitentiary, and Miss Elva K. Gordon were married at Pequot, Ill., yesterday by the Rev. J. H. Bick.

The wedding, which was a large one, was held at the home of the bride's father, J. H. Gordon, at Pequot, Ill.

The bride came from one of the oldest and best-known families in Southern Illinois. The couple will live at Pequot, Ill.

The wedding was a very successful one, and the couple were very happy.

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ILLINOIS CROWDS HEAR MR. DOCKERY.

Large Attendance From Both Town and Country at the Jerseyville Meeting.

MANY COMPELLED TO STAND.

Silver Republican Presides and Many Other Republicans Admit Conversion to Democracy After the Meeting.

Jerseyville, Ill., Oct. 3.—A crowd estimated at 3,000 greeted A. M. Dockery of Missouri at his hotel here today.

The first delegation to arrive was from Jerseyville, and the crowd was very large.

Many of the delegates were from the Silver Republican party, and they were very enthusiastic.

The crowd was very large, and many people were compelled to stand.

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IN-ER SEAL



The trade mark design shown above and below identifies the "In-er-seal Patent Package," used exclusively by the National Biscuit Company.

This package is the only method of preserving all the goodness of the best baking and excluding all dust, moisture, odors, and germs.

No matter how far away you may be, the delicate crispness, flavor and freshness is brought to you as if the baking was just drawn from the oven.

These are the bakings you can now buy in the "In-er-seal Patent Package": Soda Biscuit, Milk Biscuit, Saratoga Flakes, Snow Flakes, Butter Crackers, Graham Biscuit, Oatmeal Biscuit, Ginger Snaps, Handmade Pretzettes, Vanilla Wafers.

Always examine the ends of the package before you pay for it—see that this seal is on each end.

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PUBLIC NOTICE.

Office of the President of the Board of Public Improvements, St. Louis, September 25, 1900.

Public notice is hereby given that the Board of Public Improvements will hold a special meeting at the hour of 10 a. m. of the 17th day of October, 1900.

at its office, Room 20, in the New City Hall, for the purpose of considering the matters hereinafter named, to-wit:

No. 562. Board's Motion. For reconstructing alley in city block No. 16, from Franklin street southwardly as far as open, a distance of about two hundred and eighty feet, and between Wharf and First streets.

No. 563. Board's Motion. For reconstructing alley in city block No. 31, from Spruce street to Clark street and between Clark street and Fourth street.

No. 564. Board's Motion. For reconstructing alley in city block No. 37, from Pine street northwardly as far as open, a distance of about one hundred and thirty feet, and between Third and Fourth streets.

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